

FAW Women's National Leagues Composition 2025-26

Tier 1
Genero Adran Premier
Aberystwyth Town
Barry Town United
Briton Ferry Llansawel
Cardiff City
Pontypridd United
Swansea City
The New Saints
Wrexham

Tier 2	
Genero Adran North	Genero Adran South
Bangor	Cardiff Met
Berriew	Carmarthen Town
Connah's Quay Nomads	Cascade
Felinheli	Cwmbran Celtic
Flint Town United	Llanelli Town
Llandudno	Penybont
Llanfair United	Pure Swansea
Rhyl 1879	Taffs Well

Key
Promoted
Relegated
Vacancy

Vacancy applied as per FAW pyramid regulations